

# 2005 OPPONENTS

## STANFORD

Jan. 14, Berkeley (Haas Pavilion);  
7:30 p.m.

March 4, Salt Lake City (Huntsman  
Center); 7 p.m.

March 19, San Jose (Spartan Gym); 7 p.m.  
March 26, Pac-10 Meet (Haas Pavilion);  
3 p.m.

Location ..... Stanford, Calif.  
Nickname ..... Cardinal  
Colors ..... Cardinal/White  
Conference ..... Pac-10  
Head Coach ..... Kristen Smyth  
Record/Seasons ..... 44-11-2/3 Years  
Letterwinners R/L ..... 5/8  
All-Americans R/L ..... 1/3  
SID ..... William Kiss  
Phone ..... (650) 723-4418  
Fax ..... (650) 725-2957  
Web site ..... GoStanford.com

### 2004 Recap

Record ..... 26-5-2  
Pac-10 Meet ..... 1st  
NCAA Regionals ..... 1st (North Central)  
2004 NCAA Meet ..... T-3rd (Alabama)

## UC DAVIS

Jan. 14, Berkeley (Haas Pavilion);  
7:30 p.m.

Jan. 28, Davis, Calif. (Recreation Hall);  
7 p.m.

Location ..... Davis, Calif.  
Nickname ..... Aggies  
Colors ..... Yale Blue/Gold  
Conference ..... MPSF  
Head Coach ..... Ray Goldbar  
Record/Seasons ..... 129-158/15 Years  
Letterwinners R/L ..... 13/3  
All-Americans R/L ..... 3/0 (USAG)  
SID ..... Mark Honbo  
Phone ..... (530) 752-8050  
Fax ..... (530) 754-5674  
Web site ..... UCDavisAggies.com

### 2004 Recap

Record ..... 3-11  
MPSF Meet ..... 3rd  
Postseason Finish ..... 3rd/USAGymnastics  
Collegiate Championships

## BROWN

Jan. 14, Berkeley (Haas Pavilion);  
7:30 p.m.

Location ..... Providence, R.I.  
Nickname ..... Bears  
Colors ..... Seal Brown/Cardinal Red  
Conference ..... ECAC  
Head Coach ..... Sara Carver-Milne  
Record/Overall ..... 23-20/2 Years  
Letterwinners R/L ..... 12/6  
All-Americans R/L ..... 0/0  
SID ..... Christina O'Brien  
Phone ..... (401) 863-6069  
Fax ..... (401) 863-1436  
Web site ..... BrownBears.com

### 2004 Recap

Record ..... 15-9  
ECAC Finish ..... 3rd  
NCAA Regionals ..... Individuals

## UCLA

Jan. 23, Los Angeles (Pauley Pavilion);  
2 p.m.

March 26, Pac-10 Meet (Haas Pavilion);  
3 p.m.

Location ..... Los Angeles, Calif.  
Nickname ..... Bruins  
Colors ..... Blue/Gold  
Conference ..... Pac-10  
Head Coach ..... Valorie Kondos Field  
Record/Seasons ..... 281-59-1/14 Years  
Letterwinners R/L ..... 12/6  
All-Americans R/L ..... 2/3  
SID ..... Liza David  
Phone ..... (310) 206-8140  
Fax ..... (310) 825-8664  
Web site ..... UCLABruins.com

### 2004 Recap

Record ..... 15-5  
Pac-10 Meet ..... 2nd  
NCAA Regionals ..... 1st (Southeast)  
2004 NCAA Meet ..... NCAA Champion

## SACRAMENTO STATE

Jan. 23, Los Angeles (Pauley Pavilion);  
2 p.m.

Location ..... Sacramento, Calif.  
Nickname ..... Hornets  
Colors ..... Green (349)/Gold (4515)  
Conference ..... MPSF  
Head Coach ..... Kim Hughes  
Record/Seasons ..... 198-184-2/24 Years  
Letterwinners R/L ..... 13/6  
All-Americans R/L ..... 0/0  
SID ..... Brian Berger  
Phone ..... (916) 278-4313  
Fax ..... (916) 278-5429  
Web site ..... HornetSports.com

### 2004 Recap

Record ..... 14-10-1  
MPSF Meet ..... 2nd  
NCAA Regionals ..... Individuals

## CAL STATE FULLERTON

Jan. 23, Los Angeles (Pauley Pavilion);  
2 p.m.

Location ..... Fullerton, Calif.  
Nickname ..... Titans  
Colors ..... Navy/Orange  
Conference ..... WGC  
Head Coach ..... Julie Knight-Bowse  
Record/Seasons ..... 56-44/6 Years  
Letterwinners R/L ..... 10/4  
All-Americans R/L ..... 0/0  
SID ..... Jason Spencer  
Phone ..... (714) 278-3970  
Fax ..... (714) 528-1705  
Web site ..... TitanSports.org

### 2004 Recap

Record ..... 7-6  
WGC Meet ..... 4th  
NCAA Regionals ..... 6th (West)

## ARIZONA

Feb. 4, Berkeley (Haas Pavilion);  
7:30 p.m.

March 26, Pac-10 Meet (Haas Pavilion);  
3 p.m.

Location ..... Tucson, Ariz.  
Nickname ..... Wildcats  
Colors ..... Cardinal/Navy  
Conference ..... Pac-10  
Head Coach ..... Bill Ryden  
Record/Seasons ..... 69-92-3/6 Years  
Letterwinners R/L ..... 12/3  
All-Americans R/L ..... 1/1  
SID ..... Blair Willis  
Phone ..... (520) 621-4163  
Fax ..... (520) 419-2979  
Web site ..... ArizonaAthletics.com

### 2004 Recap

Record ..... 13-10-2  
Pac-10 Meet ..... T-4th (Arizona State)  
NCAA Regionals ..... 3rd (South Central)

## ARIZONA STATE

Feb. 14, Tempe, Ariz.  
(Wells Fargo Arena); 7 p.m.

March 26, Pac-10 Meet (Haas Pavilion);  
3 p.m.

Location ..... Tempe, Ariz.  
Nickname ..... Sun Devils  
Colors ..... Maroon/Gold  
Conference ..... Pac-10  
Head Coach ..... John Spini  
Record/Seasons ..... 299-109-2/24 Years  
Letterwinners R/L ..... 8/4  
All-Americans R/L ..... 1/0  
SID ..... Mark Brand  
Phone ..... (480) 965-0966  
Fax ..... (480) 965-5408  
Web site ..... TheSunDevils.com

### 2004 Recap

Record ..... 10-6  
Pac-10 Meet ..... T-4th (Arizona)  
NCAA Regionals ..... 2nd (Central)  
NCAA Meet ..... Individuals

## WASHINGTON

Feb. 18, Berkeley (Haas Pavilion);  
7:30 p.m.

March 26, Pac-10 Meet (Haas Pavilion);  
3 p.m.

Location ..... Seattle, Wash.  
Nickname ..... Huskies  
Colors ..... Purple/Gold  
Conference ..... Pac-10  
Head Coach ..... Bob Levesque  
Record/Seasons ..... 179-144-3/14 Years  
Letterwinners R/L ..... 3/8  
All-Americans R/L ..... 0/0  
SID ..... Brian Tom  
Phone ..... (206) 543-2230  
Fax ..... (206) 543-5000  
Web site ..... GoHuskies.com

### 2004 Recap

Record ..... 12-10-1  
Pac-10 Meet ..... 6th  
NCAA Regionals ..... 5th (West)

## OREGON STATE

Feb. 25, Corvallis, Ore.  
(Gill Coliseum); 7 p.m.

March 26, Pac-10 Meet (Haas Pavilion);  
3 p.m.

Location ..... Corvallis, Ore.  
Nickname ..... Beavers  
Colors ..... Orange/Black  
Conference ..... Pac-10  
Head Coach ..... Tanya Chaplin  
Record/Seasons ..... 113-87-1/7 Years  
Letterwinners R/L ..... 9/4  
All-Americans R/L ..... 0/1  
SID ..... Jason Amberg  
Phone ..... (541) 737-7469  
Fax ..... (541) 737-3072  
Web site ..... OSUBeavers.com

### 2004 Recap

Record ..... 16-13  
Pac-10 Meet ..... 3rd  
NCAA Regionals ..... 3rd (West)

## SEATTLE PACIFIC

Feb. 25, Corvallis, Ore. (Gill Coliseum);  
7 p.m.

Location ..... Seattle, Wash.  
Nickname ..... Falcons  
Colors ..... Maroon/White  
Conference ..... MPSF  
Head Coach ..... Laurel Tindall  
Record/Seasons ..... 336-327-1/29 Years  
Letterwinners R/L ..... 9/3  
All-Americans R/L ..... 4/0  
SID ..... Frank MacDonald  
Phone ..... (206) 281-2772  
Fax ..... (206) 281-2266  
Web site ..... spu.edu/depts/athletics/

### 2004 Recap

Record ..... 5-14  
Postseason Finish ..... 7th/USAGymnastics  
Collegiate Championships

## UTAH

March 4, Salt Lake City  
(Huntsman Center); 7 p.m.

Location ..... Salt Lake City, Utah  
Nickname ..... Utes  
Colors ..... Crimson/White  
Conference ..... None  
Head Coach ..... Greg Marsden  
Record/Seasons ..... 801-138-5/29 Years  
Letterwinners R/L ..... 9/2  
All-Americans R/L ..... 3/2  
SID ..... Liz Abel  
Phone ..... (801) 581-3511  
Fax ..... (801) 581-4358  
Web site ..... UtahUtes.com

### 2004 Recap

Record ..... 13-1  
NCAA Regionals ..... 1st (South Central)  
NCAA Meet ..... 6th

## FLORIDA

March 4, Salt Lake City  
(Huntsman Center); 7 p.m.

Location ..... Gainesville, Fla.  
Nickname ..... Gators  
Colors ..... Orange/Blue  
Conference ..... SEC  
Head Coach ..... Rhonda Faehn  
Record/Seasons ..... 43-14-2 Years  
Letterwinners R/L ..... 9/4  
All-Americans R/L ..... 7/2  
SID ..... Mary Howard  
Phone ..... (352) 375-4683/6100  
Fax ..... (352) 375-4809  
Web site ..... GatorZone.com

### 2004 Recap

Record ..... 16-9  
SEC Meet ..... 4th  
NCAA Regionals ..... 2nd (South Central)  
NCAA Meet ..... 5th

## UTAH STATE

March 7, Logan, Utah  
(Dee Glen Smith Spectrum); 7 p.m.

Location ..... Logan, Utah  
Nickname ..... Aggies  
Colors ..... Navy Blue/White  
Conference ..... WGC  
Head Coach ..... Ray Corn  
Record/Seasons ..... 410-385-2/27 Years  
Letterwinners R/L ..... 8/5  
All-Americans R/L ..... 0/0  
SID ..... Phil Garner  
Phone ..... (435) 797-2066  
Fax ..... (435) 797-2615  
Web site ..... UtahStateAggies.com

### 2004 Recap

Record ..... 9-12  
WGC Finish ..... 3rd  
NCAA Regionals ..... Individuals

## NORTH CAROLINA STATE

March 14, Berkeley (Haas Pavilion);  
7:30 p.m.

Location ..... Raleigh, N.C.  
Nickname ..... Wolfpack  
Colors ..... Red and White  
Conference ..... EAGL  
Head Coach ..... Mark Stevenson  
Record/Seasons ..... 339-197/24 Years  
Letterwinners R/L ..... 6/7  
All-Americans R/L ..... 0/0  
SID ..... Brian Reinhardt  
Phone ..... (919) 515-2102  
Fax ..... (919) 515-8953  
Web site ..... GoPack.com

### 2004 Recap

Record ..... 20-12  
EAGL Finish ..... 3rd  
NCAA Regionals ..... 6th (Southeast)

## SAN JOSE STATE

March 19, San Jose (Spartan Gym); 7 p.m.

Location ..... San Jose, Calif.  
Nickname ..... Spartans  
Colors ..... Blue/Gold  
Conference ..... MPSF  
Head Coach ..... Wayne Wright  
Record/Seasons ..... 34-27/3 Years  
Letterwinners R/L ..... N/A  
All-Americans R/L ..... 0/0  
SID ..... TBA  
Phone ..... (408) 924-1217  
Fax ..... (408) 924-1291  
Web site ..... SJSUSpartans.com

### 2004 Recap

Record ..... 11-9  
MPSF Meet ..... 1st  
NCAA Regionals ..... Individuals

# 2004 SEASON RESULTS

## 2004 CALIFORNIA WOMEN'S GYMNASTICS TEAM RESULTS

OVERALL RECORD: 9-6, PACIFIC-10 CONFERENCE: 2-4

### MEET-BY-MEET SCORES/RESULTS

<i>Date</i>	<i>Cal Score</i>	<i>Opponent</i>	<i>Opponent Score</i>	<i>W/L</i>	<i>Cal Record</i>
January 9	193.125	at Cal State Fullerton	192.625	W	1-0
January 16	193.600	at Washington	195.850	L	1-1
		Sacramento State	188.900	W	2-1
January 23	195.950	Arizona State	194.350	W	3-1
		Utah State	193.925	W	4-1
		San Jose State	193.875	W	5-1
January 30	195.675	Oregon State	195.550	W	6-1
February 6	195.200	at Arizona	196.750	L	6-2
February 13	195.000	UCLA	197.800	L	6-3
		Seattle Pacific	190.025	W	7-3
February 20	195.750	at Stanford	198.875	L	7-4
February 27	194.825	at Boise State	195.675	L	7-5
		Southern Utah	196.175	L	7-6
March 6	195.825	at Utah State	195.350	W	8-6
March 12	196.800	Ball State	194.625	W	9-6
March 20	195.625	Pac-10 Championships (Tucson, Ariz.)	197.900 (Stanford)	7th place	9-6
April 3	195.175	NCAA Regionals (Corvallis, Ore)	197.100 (Oklahoma)	5th place	9-6

### EVENT-BY-EVENT TEAM SCORES

<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>TOTAL</i>
at Cal State Fullerton	48.975	49.025	47.650	47.475	193.125
at Washington/Sac. State	48.250	48.775	47.950	48.635	193.600
Arizona St./SJSU/Utah St.	48.975	49.050	48.825	49.100	195.950
Oregon State	48.700	48.875	48.925	49.175	195.675
at Arizona	49.125	49.225	48.500	48.350	195.200
UCLA/Seattle Pacific	48.875	48.875	48.750	48.500	195.000
at Stanford	48.875	49.025	48.425	<b>49.425</b>	195.750
at Boise State/Southern Utah	48.325	49.225	48.300	48.975	194.825
at Utah State	48.750	49.125	<b>49.300</b>	48.650	195.825
Ball State	<b>49.325</b>	<b>49.550</b>	48.800	49.125	<b>196.800</b>
at Pac-10 Championships	49.050	49.150	49.175	48.250	195.625
at NCAA Regional Championships	49.200	48.650	48.900	48.425	195.175
Season Team Best	49.325	49.550	49.300	49.425	<b>196.800</b>
Season Team Average	48.869	49.046	48.625	48.673	<b>195.213</b>
All-Time Team Best	49.375	49.550	49.300	49.425	<b>196.800</b>

### 2004 EVENT-BY-EVENT INDIVIDUAL SCORES

JUSTINE CEPHUS						MONIQUE CHANG*					
<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>A-A</i>	<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>A-A</i>
At Cal State Fullerton	—	—	—	—	—	At Cal State Fullerton	9.850	9.775	—	9.825	—
At UW/Sac. St.	—	—	—	<b>9.550</b>	—	At UW/Sac. St.	9.375	9.850	—	9.850	—
ASU/SJSU/Utah St.	—	—	—	—	—	ASU/SJSU/Utah St.	9.725	9.750	—	9.875	—
Oregon State	—	—	—	—	—	Oregon State	9.775	9.875	—	9.875	—
At Arizona	—	—	—	—	—	At Arizona	9.875	9.875	—	<b>9.950</b>	—
UCLA/Seattle Pacific	—	—	—	—	—	UCLA/Seattle Pacific	9.850	9.800	—	9.375	—
At Stanford	—	—	—	—	—	At Stanford	<b>9.925</b>	<b>9.925</b>	—	—	—
At Boise St./So. Utah	—	—	—	—	—	At Boise St./So. Utah	9.850	9.850	—	—	—
At Utah State	—	—	—	—	—	At Utah State	9.875	9.875	—	—	—
Ball State	—	—	—	—	—	Ball State	—	9.875	—	—	—
Pac-10 Championships	—	—	—	—	—	Pac-10 Championships	9.800	9.900	—	—	—
At NCAA Regionals	—	—	—	—	—	At NCAA Regionals	9.800	9.850	—	9.575	—
<b>Season Best</b>	—	—	—	<b>9.550</b>	—	<b>Season Best</b>	<b>9.925</b>	<b>9.925</b>	—	<b>9.950</b>	—
<b>Season Average</b>	—	—	—	<b>9.550</b>	—	<b>Season Average</b>	<b>9.791</b>	<b>9.850</b>	—	<b>9.761</b>	—
<b>Career Best</b>	—	—	—	<b>9.550</b>	—	<b>Career Best</b>	<b>9.950</b>	<b>9.925</b>	—	<b>9.950</b>	—

KARISSA CHOCK \*

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
At Cal State Fullerton	9.900	9.875	9.500	8.675	37.950
At UW/Sac. St.	9.750	9.675	9.150	8.525	37.100
ASU/SJSU/Utah St.	9.900	9.825	9.625	9.825	39.175
Oregon State	9.825	9.750	9.800	9.850	39.225
At Arizona	9.825	9.775	9.800	9.050	38.450
UCLA/Seattle Pacific	9.800	9.775	9.900	9.300	38.775
At Stanford	9.600	9.875	9.850	9.925	39.250
At Boise St./So. Utah	9.825	9.775	9.725	9.650	38.975
At Utah State	—	9.775	9.875	—	—
Ball State	9.875	7.450	—	—	—
Pac-10 Championships	—	—	—	—	—
At NCAA Regionals	—	—	—	—	—
Season Best	9.900	9.875	9.900	9.925	39.250
Season Average	9.811	9.555	9.692	9.350	38.612
Career Best	9.900	9.875	9.900	9.925	39.250

My-LAN DODD

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
At Cal State Fullerton	9.525	9.775	9.675	9.825	38.800
At UW/Sac. St.	9.875	9.800	9.850	9.725	39.250
ASU/SJSU/Utah St.	9.675	9.900	9.900	9.950	39.425
Oregon State	9.625	9.825	9.800	9.825	39.025
At Arizona	9.675	9.900	9.625	9.900	39.100
UCLA/Seattle Pacific	9.800	9.925	9.850	9.875	39.450
At Stanford	9.750	9.425	9.925	9.850	38.950
At Boise St./So. Utah	9.675	9.825	9.400	9.825	38.725
At Utah State	9.825	9.800	9.875	9.800	39.300
Ball State	9.825	9.950	9.875	9.925	39.575
Pac-10 Championships	9.775	9.800	9.950	9.750	39.275
At NCAA Regionals	9.850	9.825	9.650	9.825	39.150
Season Best	9.875	9.950	9.950	9.950	39.575
Season Average	9.740	9.812	9.781	9.840	39.173
Career Best	9.950	9.950	9.950	9.950	39.675

ANJA GARCIA\*

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
At Cal State Fullerton	—	—	—	—	—
At UW/Sac. St.	—	—	—	—	—
ASU/SJSU/Utah St.	—	—	9.700	—	—
Oregon State	—	—	9.725	—	—
At Arizona	—	—	9.575	—	—
UCLA/Seattle Pacific	—	—	9.800	—	—
At Stanford	—	—	9.850	—	—
At Boise St./So. Utah	—	—	9.700	—	—
At Utah State	—	—	9.850	—	—
Ball State	—	—	9.775	—	—
Pac-10 Championships	—	—	9.700	—	—
At NCAA Regionals	—	—	9.825	—	—
Season Best	—	—	9.850	—	—
Season Average	—	—	9.749	—	—
Career Best	9.600	—	9.850	—	—

ISABEL GARCIA

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
At Cal State Fullerton	—	—	9.625	9.325	—
At UW/Sac. St.	—	—	9.500	—	—
ASU/SJSU/Utah St.	—	—	9.175	9.650	—
Oregon State	—	—	—	9.750	—
At Arizona	—	—	—	9.725	—
UCLA/Seattle Pacific	—	—	9.125	9.575	—
At Stanford	—	—	—	9.850	—
At Boise St./So. Utah	—	—	—	9.775	—
At Utah State	—	—	—	9.675	—
Ball State	—	—	—	9.850	—
Pac-10 Championships	—	—	—	8.675	—
At NCAA Regionals	—	—	—	—	—
Season Best	—	—	9.625	9.850	—
Season Average	—	—	9.356	9.585	—
Career Best	—	—	9.625	9.850	—

STEPHANIE KIM\*

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
At Cal State Fullerton	9.600	9.775	9.575	9.825	38.775
At UW/Sac. St.	9.300	9.800	9.525	9.725	38.350
ASU/SJSU/Utah St.	9.800	9.850	9.775	9.800	39.225
Oregon State	9.525	9.075	9.825	9.875	38.300
At Arizona	9.925	9.825	9.875	—	—
UCLA/Seattle Pacific	9.325	9.125	9.900	9.925	38.275
At Stanford	9.375	9.900	9.375	9.950	38.600

At Boise St./So. Utah	9.375	9.900	9.775	9.875	38.925
At Utah State	9.750	9.800	9.775	9.850	39.175
Ball State	9.875	9.950	9.925	9.900	39.650
Pac-10 Championships	9.825	9.850	9.850	9.900	39.425
At NCAA Regionals	9.825	9.425	9.700	9.275	38.225
Season Best	9.925	9.950	9.925	9.950	39.650
Season Average	9.625	9.690	9.739	9.813	38.816
Career Best	9.925	9.950	9.925	9.950	39.650

MIHO MAEDA

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
At Cal State Fullerton	—	9.825	9.275	—	—
At UW/Sac. St.	—	9.650	9.725	9.775	—
ASU/SJSU/Utah St.	—	9.725	9.825	9.600	—
Oregon State	9.450	9.700	9.300	9.625	38.075
At Arizona	—	9.850	9.200	9.725	—
UCLA/Seattle Pacific	—	9.825	—	9.750	—
At Stanford	—	9.900	9.350	9.750	—
At Boise St./So. Utah	—	9.875	9.250	9.300	—
At Utah State	—	9.825	9.875	9.625	—
Ball State	—	9.925	9.875	9.825	—
Pac-10 Championships	—	9.675	9.850	9.750	—
At NCAA Regionals	—	8.700	9.800	9.675	—
Season Best	9.450	9.925	9.875	9.825	38.075
Season Average	9.450	9.707	9.575	9.672	38.075
Career Best	9.450	9.925	9.950	9.825	38.075

BRITANI PITTULLO

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
At Cal State Fullerton	9.850	—	—	—	—
At UW/Sac. St.	—	—	—	—	—
ASU/SJSU/Utah St.	—	—	—	—	—
Oregon State	—	—	—	—	—
At Arizona	—	—	—	—	—
UCLA/Seattle Pacific	—	—	—	—	—
At Stanford	—	—	—	—	—
At Boise St./So. Utah	—	9.250	9.700	—	—
At Utah State	9.750	9.825	9.825	—	—
Ball State	9.850	9.850	9.350	—	—
Pac-10 Championships	9.850	9.875	9.475	9.725	38.925
At NCAA Regionals	9.850	9.775	9.675	9.700	39.000
Season Best	9.850	9.875	9.825	9.725	39.000
Season Average	9.824	9.715	9.605	9.713	38.963
Career Best	9.850	9.875	9.850	9.900	39.075

LAUREN SHIPP

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
At Cal State Fullerton	9.775	9.300	8.650	—	—
At UW/Sac. St.	9.725	9.625	9.350	—	—
ASU/SJSU/Utah St.	9.875	9.675	—	—	—
Oregon State	9.950	9.725	9.775	—	—
At Arizona	9.825	9.775	—	—	—
UCLA/Seattle Pacific	9.875	9.550	9.300	—	—
At Stanford	9.900	9.375	9.425	—	—
At Boise St./So. Utah	—	—	—	—	—
At Utah State	9.275	—	—	—	—
Ball State	9.900	—	—	—	—
Pac-10 Championships	9.800	9.725	9.825	—	—
At NCAA Regionals	9.875	9.775	9.900	—	—
Season Best	9.950	9.775	9.900	—	—
Season Average	9.798	9.614	9.460	—	—
Career Best	9.950	9.775	9.900	—	—

ELYSE WONG

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
At Cal State Fullerton	—	—	—	—	—
At UW/Sac. St.	9.525	—	—	—	—
ASU/SJSU/Utah St.	9.575	—	—	—	—
Oregon State	—	—	—	—	—
At Arizona	9.625	—	—	8.875	—
UCLA/Seattle Pacific	9.550	—	—	—	—
At Stanford	9.700	—	—	9.850	—
At Boise St./So. Utah	9.600	—	—	9.875	—
At Utah State	—	—	—	9.700	—
Ball State	9.600	—	9.175	9.625	—
Pac-10 Championships	9.650	—	—	9.125	—
At NCAA Regionals	9.600	—	—	9.650	—
Season Best	9.700	—	9.175	9.875	—
Season Average	9.597	—	9.175	9.525	—
Career Best	9.700	—	9.175	9.875	—

*Bold individual event best*

*\* Not competing for Cal in 2005*

# TOP ALL-TIME SCORES

## INDIVIDUAL

### VAULT

Place	Score	Gymnast	Site	Date/Most Recent
1.	9.950	<b>Lauren Shipp</b>	<b>Berkeley</b>	<b>1/30/04</b>
		<b>My-Lan Dodd (3x)</b>	<b>at San Jose State</b>	<b>3/21/03</b>
		Monique Chang	Berkeley	2/21/03
		Lisa Washington	at Arizona State	3/25/95
		Kristen Smyth	at Arizona	3/28/92
2.	9.925	Monique Chang	at Stanford	2/20/04
		Stephanie Kim	at Arizona	2/6/04
		Lisa Arnold	Berkeley	2/18/01
		Candice Kwok	Berkeley	3/29/96
		Lisa Washington (2x)	Berkeley	2/3/96
3.	9.900	<b>Lauren Shipp (2x)</b>	<b>Berkeley</b>	<b>3/12/04</b>
		Karissa Chock (2x)	Berkeley	1/23/04
		Janet McKnight (2x)	Berkeley	3/7/03
		Leila Khoury (2x)	at Boise State	3/11/00
		Candice Kwok (3x)	at Arizona State	2/21/97
		Heather Schneider	at Oregon State	3/16/96
		Lisa Washington (3x)	at Stanford	3/12/93
4.	9.875	<b>Lauren Shipp (3x)</b>	<b>NCAA Regionals</b>	<b>4/3/04</b>
		Stephanie Kim	Berkeley	3/12/04
		<b>My-Lan Dodd</b>	<b>at Washington</b>	<b>1/16/04</b>
		Lindsay Baker	at Pac-10 Championships	3/24/01
		Janet McKnight	at Pac-10 Championships	3/24/01
		Lisa Washington (3x)	Berkeley	3/5/95
		Heather Schneider	at Georgia	3/12/95
		Candice Kwok (3x)	at Arizona State	3/25/95
		Monique Chang	at Utah State	3/6/04
		Karissa Chock	Berkeley	3/12/04

### BARS

1.	10.000	Cindy Tom	at Seattle Pacific	2/15/92
2.	9.950	<b>My-Lan Dodd</b>	<b>Berkeley</b>	<b>3/12/04</b>
		Stephanie Kim	Berkeley	3/12/04
		Pari Olver	at UC Davis	2/24/00
3.	9.925	<b>Miho Maeda</b>	<b>Berkeley</b>	<b>3/12/04</b>
		Monique Chang	at Stanford	2/20/04
		<b>My-Lan Dodd (2x)</b>	<b>Berkeley</b>	<b>2/13/04</b>
4.	9.900	Monique Chang (4x)	Pac-10 Championships	3/20/04
		Stephanie Kim (2x)	at Boise State	2/27/04
		<b>Miho Maeda</b>	<b>at Stanford</b>	<b>2/20/04</b>
		<b>My-Lan Dodd (3x)</b>	<b>at Arizona</b>	<b>2/6/04</b>
		Carrie Kreifels (4x)	at Pac-10 Championships	3/24/01
		Pari Olver (2x)	at Pac-10 Championships	3/24/01
		Leila Khoury	at San Jose State	2/26/00
		Cindy Tom	at Arizona	2/11/94
		Kristen Smyth	Berkeley	3/21/92

### BEAM

1.	9.950	<b>My-Lan Dodd (2x)</b>	<b>Pac-10 Championships</b>	<b>3/20/04</b>
		<b>Miho Maeda</b>	<b>at Arizona State</b>	<b>2/28/03</b>
2.	9.925	<b>My-Lan Dodd</b>	<b>at Stanford</b>	<b>2/20/04</b>
		Stephanie Kim	Berkeley	3/12/04
		Pari Olver	at San Jose State	3/16/01
3.	9.900	Stephanie Kim (2x)	Berkeley	2/13/04
		Karissa Chock	Berkeley	2/13/04
		<b>My-Lan Dodd (4x)</b>	<b>Berkeley</b>	<b>1/23/04</b>
		Katrece Stone (2x)	at Arizona State	2/23/01
		Genine Ishino	at Denver	1/13/01
		Candice Kwok (3x)	at Arizona	3/22/97
		Jennie Kang	Berkeley	2/7/97
		Emily Bails	Berkeley	3/8/96
		Cindy Tom (3x)	at Seattle Pacific	2/15/92
4.	9.875	<b>My-Lan Dodd</b>	<b>Berkeley</b>	<b>3/12/04</b>
		<b>Miho Maeda (2x)</b>	<b>Berkeley</b>	<b>3/12/04</b>
		Karissa Chock	at Utah State	3/6/04
		Stephanie Kim	at Arizona	2/6/04
		<b>Lauren Shipp (2x)</b>	<b>Pac-10 Championships</b>	<b>3/29/03</b>
		Katrece Stone (3x)	at UC Davis	3/10/01
		Carrie Kreifels	at UC Davis	2/24/00
		Emily Bails	Berkeley	2/6/99
		Mindy Ornellas (2x)	at Arizona	3/22/97
		Candice Kwok	at Washington	3/19/95

### FLOOR

1.	9.950	Stephanie Kim	at Stanford	2/20/04
		Monique Chang	Arizona	2/6/04
		<b>My-Lan Dodd</b>	<b>Berkeley</b>	<b>1/23/04</b>

2.	9.925	Leila Khoury	at San Jose State	2/26/00
		<b>My-Lan Dodd (2x)</b>	<b>Berkeley</b>	<b>3/12/04</b>
		Stephanie Kim (2x)	Berkeley	2/13/04
		Monique Chang	Berkeley	3/7/03
		Pari Olver (4x)	at UCLA	3/4/01
		Katrece Stone	at UC Davis	3/10/01
		Mindy Ornellas (2x)	Berkeley	2/7/97
3.	9.900	Stephanie Kim (6x)	at Pac-10 Championships	3/20/04
		<b>My-Lan Dodd (6x)</b>	<b>at Arizona</b>	<b>2/6/04</b>
		<b>Britani Pittullo (3x)</b>	<b>at Pac-10 Championships</b>	<b>2/29/03</b>
		Monique Chang	Berkeley	2/9/03
		Lindsay Baker (2x)	at Pac-10 Championships	3/24/01
		Pari Olver	at Pac-10 Championships	3/24/01
		Katrece Stone	at Pac-10 Championships	3/24/01
		Carrie Kreifels	at UC Davis	3/10/01
		Leila Khoury (3x)	at NCAA Regionals	4/1/00
		Bridgett Coates	at Pac-10 Championships	3/18/00
4.	9.875	Stephanie Kim (2x)	at Boise State	2/27/04
		Elyse Wong	at Boise State	2/27/04
		<b>My-Lan Dodd (2x)</b>	<b>Berkeley</b>	<b>2/13/04</b>
		Monique Chang (3x)	Berkeley	1/30/04
		Sheilah Buack	Berkeley	1/18/02
		Pari Olver (3x)	at UC Davis	3/10/01
		Carrie Kreifels (2x)	at UCLA	3/4/01
		Leila Khoury (3x)	at UC Davis	2/24/00
		Emily Bails	Berkeley	3/29/96
		Angela Mapa	Berkeley	3/29/96
		Mindy Ornellas	Berkeley	2/3/96

### ALL-AROUND

1.	39.675	<b>My-Lan Dodd</b>	<b>at Arizona State</b>	<b>2/28/03</b>
2.	39.650	Stephanie Kim	Berkeley	3/12/04
3.	39.575	<b>My-Lan Dodd (2x)</b>	<b>Berkeley</b>	<b>3/12/04</b>
4.	39.500	<b>My-Lan Dodd (2x)</b>	<b>at Pac-10 Championships</b>	<b>3/29/03</b>
5.	39.475	<b>My-Lan Dodd</b>	<b>at UC Davis</b>	<b>3/14/03</b>

## TEAM

### VAULT

Place	Score	Site/Opponent(s)	Date
1.	49.375	Berkeley/Washington, Sacramento State	2/21/03
2.	49.325	Berkeley/Ball State	3/12/04
3.	49.275	at Arizona State/Rutgers	2/28/03
4.	49.200	NCAA Regional Championships/Corvallis, Ore.	4/3/04
5.	49.150	at San Jose State	3/21/03

### BARS

1.	49.550	Berkeley/Ball State	3/12/04
2.	49.400	at San Jose State	2/26/00
3.	49.275	at UC Davis	2/24/00
4.	49.250	Berkeley/Washington, Sacramento State	2/21/03
		Berkeley/Boise State, Fullerton, UC Davis	2/9/03
5.	49.225	at Boise State/Southern Utah	2/27/04
		Berkeley/Arizona	2/6/04
		Berkeley/Arizona	3/7/03

### BEAM

1.	49.300	at Utah State	3/6/04
2.	49.250	Berkeley/Arizona	3/7/03
3.	49.175	Pac-10 Championships/Tucson, Ariz.	3/20/04
		Berkeley/Boise State, Fullerton, UC Davis	2/9/03
4.	49.150	at UC Davis	3/14/03
		Berkeley/Stanford	2/18/01
5.	49.100	at Cal State Fullerton	1/12/02

### FLOOR

1.	49.425	at Stanford	2/20/04
2.	49.375	at Pac-10 Championships; Seattle, Wash.	3/24/01
3.	49.300	Berkeley/Washington, UC Davis	2/9/01
		at San Jose State	2/26/00
4.	49.275	at Arizona State/Rutgers	2/28/03
		Berkeley/Boise State, Fullerton, UC Davis	2/9/03

### ALL-AROUND

1.	196.800	Berkeley/Ball State	3/12/04
		Berkeley/Arizona	3/7/03
2.	196.475	Berkeley/Washington, Sacramento State	2/21/03
3.	196.375	Berkeley/Boise State, Fullerton, UC Davis	2/9/03
4.	196.075	Berkeley/Stanford	2/18/01
5.	195.975	at Boise State	3/11/00

# YEARLY RESULTS

## CAL INDIVIDUALS AT THE NCAA CHAMPIONSHIPS

Year	Name	Event	Score	Finish	
2003	My-Lan Dodd	Bars	9.775	13th	
		Vault	9.700	25th	
		Floor	9.750	28th	
		Beam	9.200	39th	
		AA	38.425	23rd	
1994	Candice Kwok	AA	27.525	71st	
1992	Kristen Smyth	AA	38.775	9th	
		Mimi Goyer	Beam	9.750	9th
		Cindy Tom	Beam	9.725	12th
1991	Kristen Smyth	AA	36.795	43rd	
1990	Cindy Tom	Bars	9.775	11th	
1986	Ellis Wood	AA	36.400	27th	
1985	Ellis Wood	AA	35.600	36th	
1984	Ellis Wood	AA	36.250	21st	



*Cal Gymnast of the Decade, three-time All-American, and two-time NCAA participant Kristen Smyth (1991-92).*

## DUAL, INVITATIONAL MEET RECORDS

Opponent	Series Record
Air Force	2-0
Alaska-Anchorage	2-0
Arizona	4-15
Arizona State	3-19
Auburn	0-1
Ball State	3-0
Boise State	7-5
BYU	1-0
Cal Poly	3-1
Chico State	1-1
CSU Fullerton	6-5
CSU Northridge	1-0
Denver	2-3
Eastern Michigan	1-0
Florida	0-1
Fresno State	4-2
Georgia	0-3
Georgia College	1-0
Illinois	2-0
Illinois-Chicago	2-0
Illinois State	1-0
Iowa	1-0
Kentucky	0-1
Long Beach State	4-0
LSU	0-1
Maryland	2-2
Massachusetts	2-0
Michigan	2-0
Michigan State	1-1
Minnesota	3-0
Missouri	1-0
Nebraska	0-6
Nevada	0-2
New Hampshire	2-0
New Mexico	2-1
North Carolina	0-1
Northeastern	1-0
Northern Colorado	0-1
Northern Michigan	1-0
Ohio State	1-0
Oklahoma	2-1
Oregon	2-1
<b>Oregon State</b>	<b>3-25</b>
Penn State	1-0
Rutgers	1-0
Sacramento State	14-6
San Diego State	0-3
San Francisco State	1-0
<b>San Jose State</b>	<b>19-7</b>
<b>Seattle Pacific</b>	<b>16-1</b>
Sonoma State	1-0
Southern Utah	2-1
<b>Stanford</b>	<b>15-24</b>
<b>UC Davis</b>	<b>24-1</b>
<b>UCLA</b>	<b>1-20</b>
UC Santa Barbara	21-3
USC	0-2
<b>Utah</b>	<b>0-2</b>
<b>Utah State</b>	<b>6-3</b>
<b>Washington</b>	<b>5-23</b>
Washington State	4-1
Western Michigan	0-1
West Virginia	1-0

*\*Have never faced Brown, North Carolina State.*

## YEAR-BY-YEAR RESULTS

Year	Coach	Dual Record	Pac-10 Finish	Regional Finish	NCAA Finish
<b>2004</b>	<b>Cari DuBois</b>	<b>9-6</b>	<b>7th</b>	<b>5th</b>	<b>individuals</b>
<b>2003</b>	<b>Cari DuBois</b>	<b>12-5</b>	<b>7th</b>	<b>4th</b>	<b>individuals</b>
2002	Trina Tinti	5-9	7th	individuals	
2001	Trina Tinti	17-19	7th	5th	
2000	Trina Tinti	11-12	5th	individuals	
1999	Trina Tinti	6-15	7th	individuals	
1998	Trina Tinti	8-9	7th	6th	
1997	Alfie Mitchell	9-11	7th	6th	
1996	Alfie Mitchell	16-6	7th	7th	
1995	Alfie Mitchell	7-12	7th	5th	
1994	Alfie Mitchell	14-2	7th	5th	individuals
1993	Pam Burgess	7-7	6th	individuals	
1992	Pam Burgess	9-3	6th	3rd	8th
1991	Pam Burgess	17-8	7th	2nd	individuals
1990	Pam Burgess	9-7	5th	T5th	individuals
1989	Pam Burgess	6-9	7th	7th	
1988	Pam Burgess	7-9	7th	individuals	
1987	Pam Burgess	9-12	7th	6th	
1986	Pam Burgess	9-7	3rd	6th	individuals
1985	Diane Dunbar	8-12	4th	individuals	individuals
1984	Diane Dunbar	10-13	1st	5th	individuals
1983	Diane Dunbar	7-6	3rd	7th	
1982	Diane Dunbar	5-5	2nd		
1981	Dale Flansaas	2-9	1-2	NorPac	
1980	Dale Flansaas	2-8	1-2	NorPac	
1978-79	Dan Millman	5-10			
1977	Molly Rackham	5-4			
1975-76	Debbie Bailey	0-3			
1974	Sue Williamson	4-1			

*Notes: Pac-10 competition began in 1987. Prior to that, Cal competed in the NorPac Conference. No NCAA competition prior to 1982.*

# AWARDS AND HONORS



*Cindy Tom recorded the only perfect 10.000 in Cal history (bars, Feb. 15, 1992) and was a 1992 All-American and All-Pac-10 selection.*

## ALL-AMERICAN SELECTIONS

- 1992 Kristen Smyth (1st team vault, 2nd team floor and all-around)  
Mimi Goyer (2nd team beam),  
Cindy Tom (2nd team beam)

## ALL-PAC-10 SELECTIONS

- 2001 Pari Olver (all-around)  
2000 Leila Khoury  
1999 Leila Khoury  
1998 Leila Khoury (all-around)  
1997 Mindy Ornellas (floor)  
1995 Lisa Washington (vault)  
1992 Kristen Smyth (vault),  
Cindy Tom (bars)



*Leila Khoury was named All-Pac-10 in three straight seasons, from 1998-2000.*

## ACADEMIC ALL-AMERICAN SELECTIONS

- 2004 Karissa Chock  
**My-Lan Dodd**  
Elyse Wong  
2003 Janet McKnight  
**My-Lan Dodd**  
2002 **My-Lan Dodd**

- 2001 Lindsay Baker  
Pari Olver  
Katrece Stone  
Jarmin Yeh  
1997 Paula Chang  
1996 Mindy Ornellas  
Candice Kwok  
Sirinda Sincharoen  
Christine Nishimoto  
Jennifer Wang  
1995 Mindy Ornellas  
Candice Kwok  
Sirinda Sincharoen  
Jennifer Wang  
Sharly Wong  
Carrie Schneider  
Cassie Shigeoka  
1994 Sirinda Sincharoen  
Cassie Shigeoka  
Erin Power  
1992 Mimi Goyer,  
Sigall Kassutto,  
Kristen Smyth,  
Ingrid Wertz  
1991 Mimi Goyer,  
Jenny Griesemer,  
Sigall Kassutto,  
Pam Jong,  
Kati McBride,  
Nicole McLeod  
1990 Mimi Goyer,  
Sigall Kassutto  
1989 Sigall Kassutto

## COSIDA ACADEMIC ALL-AMERICAN OF THE YEAR

- 1992 Sigall Kassutto

## PAC-10 ALL-ACADEMIC SELECTIONS

- 2004 **My-Lan Dodd (second team)**  
Karissa Chock (honorable mention)  
Stephanie Kim (honorable mention)



*My-Lan Dodd was an Academic All-American in 2002 and a two-time Pac-10 All-Academic selection (2003-04).*



*Karissa Chock was a three-time Pac-10 All-Academic selection (2002-04).*

- 2003 **My-Lan Dodd (second team)**  
Karissa Chock (honorable mention)  
Janet McKnight (honorable mention)  
Adrienne Garcia (honorable mention)  
**Lauren Shipp (honorable mention)**  
2002 Karissa Chock (honorable mention)  
Stephanie Kim (honorable mention)  
Janet McKnight (honorable mention)  
Katrece Stone (honorable mention)  
2001 Lindsay Baker (honorable mention)  
Genine Ishino (honorable mention)  
Kristine Kaibara (honorable mention)  
Janet McKnight (honorable mention)  
Pari Olver (second team)  
Katrece Stone (honorable mention)  
Jarmin Yeh (honorable mention)  
2000 Lindsay Baker (honorable mention)  
Paula Chang (honorable mention)  
Pari Olver (second team)  
1998 Emily Bails (honorable mention)  
Elizabeth Berlin (honorable mention)  
Chantel Debert (honorable mention)  
Angela Mapa (honorable mention)  
1997 Candice Kwok (second team)  
Emily Bails (honorable mention)  
Angela Mapa (honorable mention)  
1996 Christine Nishimoto (honorable mention)  
Mindy Ornellas (honorable mention)  
Sirinda Sincharoen (honorable mention)  
Jennifer Wang (honorable mention)  
1995 Mindy Ornellas (honorable mention)  
Cassie Shigeoka (honorable mention)  
Jennifer Wang (honorable mention)  
1994 Amy Sims (honorable mention),  
Sirinda Sincharoen (honorable mention)  
1993 Mimi Goyer (second team)  
1992 Sigall Kassutto,  
Kristen Smyth (first team),  
Mimi Goyer (second team),  
Kati McBride,  
Nicole McLeod,  
Ingrid Wertz (honorable mention)  
1991 Sigall Kassutto (first team),  
Mimi Goyer (second team)

# ALL-TIME ROSTER

## -A-

Alden, Elizabeth 1997-98  
Anderson, Judy 1977  
Arnold, Lisa 2000-02

## -B-

Bails, Emily 1996-99  
Baker, Lindsay 1999-01  
Baker, Robin 1987  
Baldwin, Renee 1978-81  
Ballmer, Lesle 1992-94  
Barrett, Jennifer 1979-80  
Beckington, Carrie 1974-75  
Berlin, Elizabeth 1997-99  
Bernadou, Nanette 1978-79  
Bernheimer, Susan 1984  
Bialosky, Jennifer 1996-98  
Binkley, Barbara 1983  
Bowman, Susan 1974  
Brant, Dana 1975  
Breannan, Laurel 1981  
Buack, Sheilah 2002-03  
Tina Burfield 1988

## -C-

Capsuto, Tara 2002  
**Cephus, Justine 2004-present**  
Chan, Winnie 1975-76  
Chang, Monique 2003-04  
Chang, Paula 1998-01  
Chau, Debbie 1980  
Chen, Margaret 1981  
Chiprut, Rebecca 1992  
Chock, Karissa 2001-04  
Christiansen, Lisa 1974  
Christiansen, Tennille 1995  
Coates, Bridgett 1999-00  
Cummins, Susan 1974

## -D-

Debert, Chantel 1997-98  
DeCecco, Diane 1983  
**Dillon, Alexandra 2005**  
Dinkel, Christina 1990-93  
Distenano, CeCilia 1977  
**Dodd, My-Lan 2002-present**  
Dolecki, Ranae 1974  
Duke, Sharon 1985

## -E-

Evans, Lori 1988

## -F-

Ferencz, Keri 1974  
Ferrin, Cara 1991  
Fracchia, Carla 1982

Heilig, Susan 1979-80  
Heiman, Marilyn 1980-82  
Henry, Elizabeth 1976-77  
Hirano, Patricia 1985  
Holzer, Lori 1991  
Hone, Jennifer 1981-83  
Hontz, Julia 1986-88



*Pari Olver (1998-01) was an Academic All-American in 2001 and a Pac-10 All-Academic selection in 2000 and 2001.*

## -G-

Gaidish, Jackie 1992-95  
Garcia, Adrienne 2002-04  
Garcia, Anja 2003-04  
**Garcia, Isabel 2004-present**  
Garfinkle, Jan 1976  
Garrett, Lindsay 1996-98  
Gilcrest, MaryAnn 1977  
Goldenberg, Ruth 1978  
Goyer, Mimi 1990-93  
Green, Syd 1988-89  
Griesemer, Jenny 1988-91

## -H-

Hale, Mary 1982  
Halbach, Kathy 1976-78  
Hannes, Nicki 1981-82  
Hansen, Jill 1980  
Hanson, Carol 1974  
Harkey, Lorle 1974  
Harrington, Christine 1974-76

## -I-

Ichikawa, Jill 1997  
Issacson, Leah 1997  
Ishino, Genine 2000-01  
Ito, Laura 1987-88  
Iyemura, Karin 1986-87, 89

## -J-

James, Pamela 1979-80  
Johnson, Kristen 1980  
Johnson, Monique 2001-02  
Jones, Heather 1986-88  
Jong, Pam 1988-91

## -K-

Kaibara, Kristine 1999-01  
Kang, Jennie 1997-99  
Kassutto, Sigall 1989-92  
Kaufmann, Kristy 1989, 91-92  
Kaye, Moly 1982  
Kelsall, Karen 1981-84  
Kenny, Helen 1998-99  
Khoury, Leila 1997-00  
Kim, Stephanie 2001-04  
Kimelman, Judy 1980  
Kolander, Amy 1983  
Kreifels, Carrie 2000-01  
Kvochak, Karen 1988  
Kwok, Candice 1994-97

## -L-

Lau, Wendy 1997  
Lee, Cindy 1980  
Lee, Denise 1977  
Lessler, Janine 1985  
Lew, Marina 1974-75  
Loomis, Jennifer 1974  
Loughley, Kala 1983-86  
**Luce, Siobhan 2005**

## -M-

**Maeda, Miho 2002-present**

Mapa, Angela 1996-99  
Marriot, Barbara 1976-77  
McBride, Kati 1989-92  
McDonald, Elizabeth 1975-76  
McKnight, Janet 2000-03  
McLeod, Cheryl 1978-81  
McLeod, Nicole 1989-92  
Monzon, Marcia 1980  
Mori, Judy 1982-84

## -N-

**Nakamura, Keiko 2005**  
Neishi, Kristen 2000-01  
Nishimoto, Christine 1995-98  
Notham, Janet 1975  
Ng, Joyce 1975-79

## -O-

Obermeyer, Sandra 1976  
Olver, Pari 1998-01  
Ornellas, Mindy 1994-97  
Orsino, Samantha 1990-93

## -P-

Packard, Patricia 1976-78  
Palmieri, Tina 1983-84  
Patton, Wendy 1984  
Patch, Kim 1977  
Pierce, Heather 1988, 90  
**Pittullo, Britani 2003-present**  
Power, Erin 1993-96  
Pressentin, Kristen 1987

## Shipp, Lauren 2002-present

Sibley, Barbara 1974-77  
Sims, Amy 1993-94  
Sincharoen, Sirinda 1993-96  
Skiles, Sandra 1979-80  
Smith, Karen 1977  
Smith, Lisa 1985  
Smyth, Kristen 1989-92  
Snodgrass, Marcia 1974-76  
Stacey, Jenny 1982-83  
Stitser, Christie 1988  
Stone, Katreece 2000-2002  
Straus, Robin 1974  
Suggs, Dori 1980-81  
Suksanong, Dawn 1999

## Szutu, Alli 2005

## -T-

Takamoto, Debbie 1988  
Tatsono, Gwen 1974  
Tom, Cindy 1990-94

## -V-

Valencia, Lisa 1975-76  
Van Heuit, Linda 1974  
Volding, Krista 1986

## -W-

Wampler, Ruth 1976-77  
Wang, Jennifer 1994-97  
Washington, Lisa 1993-96  
Watkins, Abby 1988  
Webster, Kelly 1996-97  
Weinberg, Laura 1978-79, 81



*Stephanie Kim (2001-04) holds the second highest all-around score in Cal history at 39.650.*

## -R-

Rackham, Joanne 1974-76  
Rasmussen, Ann 1974-75  
Rawlins, Rachel 1983-84  
Roberts, Shannon 1988-89  
Rodgers, Polly 1983-86  
Rusconi, Sharon 1976

## -S-

Schmidt, Melinda 1978  
Schneider, Carrie 1995-96  
Schneider, Heather 1993-96  
Schultz, Cynthia 1974  
Seibolt, Susan 1974-75  
Shew, Doreen 1984-85  
Shigeoka, Cassie 1992-95

## Wells, Nicki 2005

Wertz, Ingrid 1989-92  
White, Vicki 1986-87  
**Wong, Elyse 2004-present**  
Wong, Rena 1977, 80-81  
Wong, Sharyl 1955  
Wood, Ellis 1984-87  
Worner, Laura 1981-84

## -Y-

Yamaguchi, Carrie 1979-80  
Yeh, Jarmin 2000-01  
Young, Nicole 1988

## -Z-

Zarodo, Danuta 1976



*Sigall Kassuto (1989-92) was selected CoSIDA's National Academic All-American of the Year for 1992.*

# ACADEMIC SUPPORT

One of the real success stories for the University of California is the development and growth of a comprehensive academic support program for its student-athletes – the Athletic Study Center.

In 1984, campus officials and Athletic Department administrators decided that a greater emphasis needed to be placed on helping Cal student-athletes with their academic pursuits. The Athletic Study Center was thus born and charged with developing an academic support program geared to the needs of NCAA Division I student-athletes. It was a significant development for an academically oriented institution such as Cal to recognize the special needs required for a modern student-athlete's success both as an athletic competitor on the field of play and in the classroom.

## PROGRAM FOR STUDENT-ATHLETES

The Athletic Study Center, which is housed within the Division of Undergraduate Education, is the tutorial and academic support program for the nearly 1,000 student-athletes at Cal. Centrally-located in the Cesar Chavez Student Center, the program provides a spacious and comfortable arboretum for quiet study, separate classrooms for individual and group tutorials, and a computer lab for word processing and required course work.

Geared around the understanding of the amount of time student-athletes must devote to practice, training, physical therapy and team travel, the program creates an environment where students can cultivate good study habits, receive individual or group tutoring and obtain counseling from academic advisors.

## TUTORIAL PROGRAM

The Tutorial Program promotes and enhances students' academic skills and progress by providing individual tutoring, group workshops, study groups, credit courses and intensive special programs. The Athletic Study



*Academic support available to Cal student-athletes includes tutorial and academic advising, as well as study center and modern computer lab facilities.*

Center has between 50-60 tutors on staff per semester to guarantee that students receive the best possible support. Tutorial sessions are also offered at night enabling student-athletes to receive help after practices when they have more time to devote to studying.

## ADVISING PROGRAM

The Advising Program offers a broad range of services to meet the unique needs of student-athletes, including assistance in understanding and complying with University, college and NCAA requirements, developing time management skills and resolving personal issues unique to student-athletes. During the freshman year, advisors typically try to help student-athletes make a successful academic transition from high school, while during the sophomore year, they assist student-athletes in making decisions on appropriate majors and fields of study. For the final two years, advisors take more of an exiting approach, ensuring that proper academic progress is being made towards graduation while referring juniors and seniors to areas on campus that can help with internships, graduate school applications and career planning.

## SPECIAL PROGRAMS

In addition, the Athletic Study Center offers a Summer Bridge adjunct program designed to help ease the transition from high school to college. The primary components for the program include writing and math workshops, an advising workshop, study skills seminars and an evening tutorial program.

Another special program offered is Peer Advising. Peer advisors provide academic and campus life guidance for new intercollegiate student-athletes. They are selected from junior and senior student-athletes who assist in developing programs to further address the needs of student-athletes.



## KEIKO PRICE

*Academic Advisor*

Keiko Price serves as the academic advisor for the Cal women's gymnastics team, helping the gymnasts understand and comply with the university and NCAA rules and guidelines. She assists team members in choosing courses and majors, developing time management and study skills, and making a successful transition from high school.

Price joined the Athletic Study Center as an academic advisor prior to the start of the 2004-05 academic year. Prior to her current role, she served as a graduate academic advisor in the same office from September 2002-June 2004.

As a graduate advisor, Price was responsible for the academic advising and monitoring of student-athletes in football, women's volleyball, softball, men's and women's tennis, women's crew, women's lacrosse and women's field hockey. Price completed her master's of arts in education, with a focus on athletes and academic achievement, from Cal in May 2004.

Other roles Price has held at Cal include as a graduate student instructor/tutor in the Athletic Study Center and as a workshop leader for the Student Learning Center.

Prior to her arrival in Berkeley, Price worked at UCLA as a student-athlete academic coordinator from September 2000 to June 2002. A 22-time All-American swimmer, Price graduated Cum Laude from UCLA with a bachelor's of arts in African-American studies in June 2001.

# STRENGTH & CONDITIONING



*The strength and conditioning program for Cal Gymnastics is a comprehensive process which combines modern Olympic platform, aerobic and anaerobic workouts in the Haas Pavilion fitness facility with personalized training to maximize strength, speed, flexibility and overall health.*

An integral part of California Women's Gymnastics program and its success is the strength and conditioning program, led by Jeremy Lawson and assistants, who supervise the comprehensive operation for the Golden Bear team. The program's philosophy is geared towards helping each student-athlete achieve the highest level of athletic development.

By teaching how all the components of strength and conditioning fit together, student-athletes understand how to maximize force production. This includes enhancement of speed, strength and flexibility, which results in improved power. Motivating, educating and helping to reach maximum athletic development is the primary focus of the Cal program.

The Cal weight room includes eight Olympic platforms and an array of aerobic and anaerobic equipment. The picturesque facility offers panoramic views of the entire region, including San Francisco and the Bay. The training regimen at Cal is a year-round process that emphasizes the speed, strength and flexibility. With closely monitored workouts that involve a great deal of individual instruction and attention, student-athletes are taught the correct techniques to increase their ability to perform at their peak during competition.

Cal's program stresses comprehensive training in order to improve both strength and speed. Flexibility is a key component because it is essential for proper lifting.

Athlete workouts are closely monitored by the conditioning staff who work in collaboration with the entire sports medicine team (doctors, athletic trainers, physical therapists, nutritionists, etc.) to ensure the health and safety of all of student-athletes.

In this way, Cal's strength and conditioning program is a vital component linking the "full circle" of a student-athlete's physical development from conditioning through rehabilitation and reconditioning.





# THE UNIVERSITY



The University of California is one of the world's leading academic institutions. The school, known throughout the world as "Cal," is truly a prototype of a contemporary university. It attracts what many consider the finest applicant pool in the country, generates an ethnically and culturally diverse student population on campus, and provides one of the finest learning experiences in the world today.

## WORLD-CLASS FACULTY AND STUDENTS

The Berkeley campus is renowned for the size and quality of its libraries and laboratories, the scope of its research and publications, and the distinction of its faculty and students. National rankings consistently place Cal's undergraduate and graduate programs among the very best. The faculty includes eight Nobel Laureates, 124 members of the National Academy of Sciences, 19 MacArthur Fellows, 87 Fulbright Scholars, three Pulitzer Prize winners and more Guggenheim Fellows (141) than any other university in the country.

The quality of Cal's diverse and independent student body complements the stature of the faculty. More than 33,000 students annually enroll at Cal. Of these, about 23,000 are undergraduates. Students come to Berkeley

**CAL EXCELS IN THE CLASSROOM**

- 20 of Cal's 27 teams had a cumulative team GPA of 3.0 or higher during the 2003-04 academic year
- More than 210 student-athletes have cumulative GPAs over 3.25

from all over California, in addition to every state in the union and more than 2,000 students from 75 countries around the world.

The undergraduate student body can best be characterized by its diversity; there is no one racial or ethnic majority. Students reflect all age groups, and economic, cultural and geographic backgrounds. This dynamic mix produces the wide range of opinion and perspective essential to a great university.

## THE BAY AREA

Overlooking San Francisco Bay, the campus is a lush and tranquil 1,232-acre oasis in an urban setting. The grounds have retained much of the beauty of their rural beginnings. Spacious lawns, hiking and running trails, as well as groves of oak, redwood and eucalyptus blend with the Neo-classical architecture of John Galen Howard. The University is bordered by the wooded rolling hills of Tilden Regional Park and the City of Berkeley, one of America's most lively, culturally diverse and politically adventurous municipalities.



## CAL STUDENT POPULATION

*Fall 2003*

No. of Students .....	33,076
Undergraduates .....	23,206
Graduate Students .....	9,870
Gender Distribution	
Male .....	15,959
Female .....	17,117

## STUDENT COMPOSITION

*Fall 2003*

*A multi-cultural and multi-ethnic campus. No ethnic group forms a majority.*

Native American .....	220
Asian/Asian American .....	11,173
African American .....	1,233
Hispanic .....	3,019
Caucasian .....	11,487
Other .....	653
International .....	2,572
No Ethnic Data .....	2,719

